

STOURBRIDGE HF RAMBLING CLUB

Local Group of HF Holidays Ltd



www.shfrc.org.uk

CLUB ETHOS & RULES

SHFRC Ethos

The club performs a positive social role in providing:

- Access for all to a healthy activity
- Companionship
- Encouragement of enjoyment of the countryside
- Protection of access to countryside

All activities are carried out in the spirit of openness, honesty, trust and friendship and in a manner that fully complies with "The Country Code"

Club Rules

1. Leaders have the right to cancel rambles in exceptional circumstances but must inform the relevant Walks Secretary and make every effort to inform potential walkers.
2. Leaders shall take every precaution to avoid trespassing.
3. Club members and temporary members should be aware that rambling is not hazard-free. Leaders should pioneer their rambles, assess potential risks and make every effort to minimise the hazards of the route and forewarn participants.
4. Only assistance dogs are allowed on rambles after agreement with the walk leader to ensure it is safe and practicable to so do.
5. If a leader is unable to be present, he or she is expected to find a competent substitute leader and he or she must notify the relevant Walks Secretary of the change.
6. The playing of sound reproduction systems on rambles is not allowed.
7. Passengers travelling in another member's car must bring a change of footwear and a bag for their dirty footwear.
8. Members accepting lifts must each pay the driver, on the day, the amount specified by the Club as a contribution towards travelling costs, based on mileage.
9. Members on rambles should follow the country code.

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10. Walk Leaders should advise members of hazards as they are encountered and members should act accordingly to ensure they remain safe.
11. Leaders reserve the right to refuse to take anyone they consider to be unsuitably equipped or insufficiently experienced for their walk.
12. Parents, and/or guardians and carers shall be fully responsible for the safe custody of their Junior Members or vulnerable adults whilst on any Club walk or activity.
13. For Club social events and holidays, members will be given priority; if places remain unfilled, the organiser(s) may open the event up to partners and guests of members.
14. The following safety rules must be adhered to:
 - a. A back marker must be appointed
 - b. A working mobile phone registered for emergency text messages must be available.
 - c. The walk leader should be able to identify their location during the walk.
 - d. A first aid kit must be available
 - e. A minimum of 4 walkers are necessary for an official club walk
 - f. All accidents must be reported promptly to the Treasurer.
 - g. Additional precautions must be taken when walking in hazardous areas, eg: mountainous regions or coastal areas. Such precautions may include specialised clothing and equipment, escape routes and an awareness of communication difficulties that may exist.
15. These Rules are effective from April 13, 2020

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